

WHAT I BELIEVE ABOUT GOD

God exists. God is good. He does only good. He works all things out for my good. He loves me. He's for me. He's with me. He's in control. He can do all things. And He can be trusted.

WHAT I BELIEVE ABOUT MYSELF

I am loved. I am special. I am fearfully and wonderfully made. I am chosen. I am adopted. I am a child of God. I am forgiven. I am an overcomer. I am not condemned. I am justified and redeemed. I am complete. I am righteous. I am anointed. I am the head, not the tail. I am blessed coming in and going out. I have purpose. I am able and worthy. I cannot be shaken and will not be moved.

WHAT I BELIEVE ABOUT LIFE

Life isn't happening to me; it's happening for me. I can't control what I can't control. The only things I can control are my thoughts, emotions, and actions. Setbacks are just setups. Failure isn't final; it's my teacher and trainer. It makes me smarter and stronger.

There's nothing I can't bounce back from. My past doesn't equal my future. No matter what happens, I can handle it. I don't complain. I believe everything happens for a reason. Pain makes me stronger. I find meaning in adversity. I'm not afraid of what might happen. I choose peace. I choose joy. I choose love. Every day and in every way I am getting stronger, better, healthier, wiser, bolder, and greater.

Today, I will lead and not follow. I will believe and not doubt. I will hope, not despair. I will be grateful and not grumble. I will win and not lose. I focus on possibilities, not limitations. I have peace, not anxiety. I am focused, not distracted. My energy is strong. My enthusiasm is inspiring. I am passionate. I am courageous, not afraid. I build up. I don't tear down.

I create. I do not destroy. I am always learning and growing. Life is good. Life's a gift. Today is a special occasion and an opportunity. Today may be my last day, so I will live it to make it my best day. I will do what's hard and do it well. I will not back down. I will not quit. I have grit. I have potential. I have resilience. I have gifts. I have purpose. My life has meaning. My future is bright. The best is yet to come!

WHAT I BELIEVE ABOUT PEOPLE

Every person has innate value. Every person deserves dignity and respect. Every person has the capacity to teach me something I need to know. No one has the power to control the quality of my life. I can't control nor am I responsible for what other people do or say.

I will celebrate people's rights more than I criticize their wrongs. I will remember that every person has a story that brought them to where they are and to who they are. Every person is someone God loves and Jesus died for. They have potential and worth. They are my neighbor.

