

**HIDE OR SEEK**



**On some level, when we hide we  
are actually seeking to be found.**

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*Above all don't lie to yourself. A man who lies to himself, and believes his own lies, becomes unable to recognize truth, either in himself or in anyone else, and he ends up losing respect for himself and for others.*

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*When he has no respect for anyone, he can no longer love, and in him, he yields to his impulses, indulges in the lowest form of pleasure, and behaves in the end like an animal in satisfying his vices. And it all comes from lying to yourself.*

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Fyodor Dostoevsky

And the Lord God **commanded** the man, “**You are free** to eat from any tree in the garden;

**Genesis 2:16 NIV**

but you **must not** eat from the tree of the knowledge of good and evil, for when you eat from it you will **certainly die.**”

**Genesis 2:17 NIV**

Adam and his wife were both  
naked, and they **felt no shame**.

**Genesis 2:25 NIV**

Now the serpent was more **crafty** than any of the wild animals the Lord God had made. He said to the woman, “**Did God really say**, ‘You must not eat from any tree in the garden’?”

**Genesis 3:1 NIV**



The woman said to the serpent, “We may eat fruit from the trees in the garden, but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.’ ”

**Genesis 3:2,3 NIV**

**“You will not certainly die,” the serpent said to the woman.**

**“For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”**

**Genesis 3:4,5 NIV**

When the woman **saw** that the fruit of the tree was **good for food** and **pleasing to the eye**, and also **desirable for gaining wisdom**, she took some and ate it.

**Genesis 3:6 NIV**

When the woman **saw** that the fruit of the tree was **good for food** and **pleasing to the eye**, and also **desirable for gaining wisdom**, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.

**Genesis 3:6 NIV**

**Sometimes our choices  
invite in things we would  
never have chosen.**

Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

**Genesis 3:7 NIV**

Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden.

**Genesis 3:8 NIV**

God wasn't looking for them to pay them back. God was looking for them in order to win them back.



**But the Lord God called to the man,  
“Where are you?”**

**Genesis 3:9 NIV**

He answered, “I heard you in the garden, and I was afraid because I was naked; so I **hid**.”

**Genesis 3:10 NIV**

# THE WAYS WE HIDE:

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1 Self-deception

# THE WAYS WE HIDE:

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2 Isolation

# THE WAYS WE HIDE:

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3 Denial

# THE WAYS WE HIDE:

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4 Rationalization

# THE WAYS WE HIDE:

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**5** Self-righteousness



**You can't be free until you allow  
yourself to first be found.**

**You can be fully honest with  
yourself because God fully knows  
you and yet fully loves you.**