

HIDE OR SEEK



**The average age of first
porn exposure is 8 -11.**

**93% of boys & 62% of girls
will be exposed by the age of 18**

**95% of teenagers have
access to a smartphone.**

**15% of parents know what
their kids look at online.**

**70% of 18-34 year olds look
at least once a month.**

**65% of Christian men look
at least once a month.**

Not a “Them” problem.
An “Us” problem.

**Better than having sex.
Better than cheating.
Protects against pregnancy.
Not getting enough sex.
Lost attraction to spouse.
No consequences.**

Your Brain

Your Marriage

Your Relationships

Your World

Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body.

1 Corinthians 6:18 NLT

But among you there must not be even a hint of sexual immorality, or of any kind of impurity...No immoral, impure or greedy person...has any inheritance in the kingdom of Christ and of God.

Ephesians 5:3-5 NLT

**They don't belong in our lives
Because they break our lives.**

**What do you know when you
know better, but don't do better?**

**“You have heard the
commandment that says, ‘You
must not commit adultery.’**

Matthew 5:27 NIV

But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.

Matthew 5:28 NLT

People aren't objects.

So if your eye—even your good eye—causes you to lust, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.

Matthew 5:29 NLT

And if your hand—even your stronger hand—causes you to sin, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.

Matthew 5:30 NLT

**Don't make hyperbole
what God meant literally.**

1. Reframe

**Don't paint as beautiful
What God says is wrong.**

1. Reframe
2. Cut it off

What are your triggers?

1. Reframe
2. Cut it off
3. Get honest and get help

1. Reframe
2. Cut it off
3. Get honest and get help
4. Fight

**Sometimes fighting looks
a lot like running.**

No, in all these things we are more than conquerors through him who loved us.

Romans 8:37 NIV

Imagine

1. Have a conversation

pornproofkids.com

1. Have a conversation
2. Get your child connected

1. Have a conversation
2. Get your child connected
3. Install software

covenanteyes.com

1. Have a conversation
2. Get your child connected
3. Install software
4. Stay informed

fightthenewdrug.com

yourbrainonporn.com