

### The average age of first porn exposure is 8 -11.

### 93% of boys & 62% of girls will be exposed by the age of 18

### 95% of teenagers have access to a smartphone.

#### 15% of parents know what their kids look at online.

#### 70% of 18-34 year olds look at least once a month.

#### 65% of Christian men look at least once a month.

#### Not a "Them" problem. An "Us" problem.

Better than having sex. Better than cheating. Protects against pregnancy. Not getting enough sex. Lost attraction to spouse. No consequences.

# Your Brain

## Your Marriage

#### Your Relationships

# Your World

Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body.

1 Corinthians 6:18 NLT

But among you there must not be even a hint of sexual immorality, or of any kind of impurity...No immoral, impure or greedy person...has any inheritance in the kingdom of Christ and of God.

**Ephesians 5:3-5 NLT** 

#### They don't belong in our lives Because they break our lives.

### What do you know when you know better, but don't do better?

"You have heard the commandment that says, 'You must not commit adultery.'

**Matthew 5:27 NIV** 

But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.

**Matthew 5:28 NLT** 

People aren't objects.

So if your eye—even your good eye—causes you to lust, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.

Matthew 5:29 NLT

And if your hand—even your stronger hand—causes you to sin, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.

**Matthew 5:30 NLT** 

### Don't make hyperbole what God meant literally.

## 1. Reframe

### Don't paint as beautiful What God says is wrong.

#### 1. Reframe

2. Cut it off

#### What are your triggers?

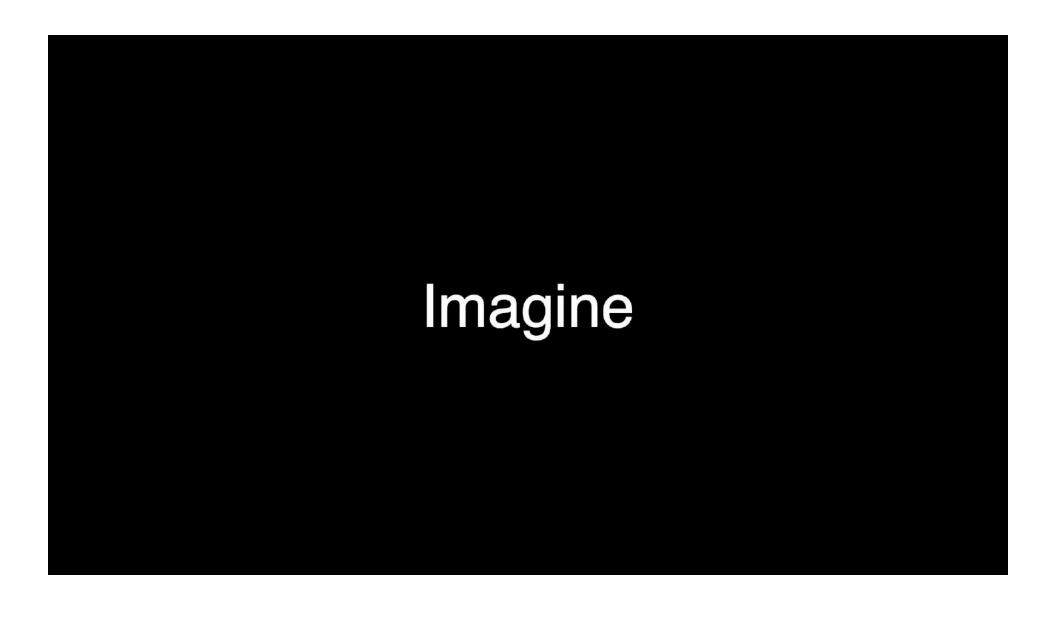
- 1. Reframe
- 2. Cut it off
- 3. Get honest and get help

- 1. Reframe
- 2. Cut it off
- 3. Get honest and get help
- 4. Fight

### Sometimes fighting looks a lot like running.

No, in all these things we are more than conquerors through him who loved us.

Romans 8:37 NIV



### 1. Have a conversation

# pornproofkids.com

- 1. Have a conversation
- 2. Get your child connected

- 1. Have a conversation
- 2. Get your child connected
- 3. Install software

# covenanteyes.com

- 1. Have a conversation
- 2. Get your child connected
- 3. Install software
- 4. Stay informed

fightthenewdrug.com

yourbrainonporn.com