



JOY/FULL

If it seems like the world
is in crisis, if it feels like
the world is in crisis...
it's because it is.

Look around: people's quality
of life is falling prey to the
circumstances of their life.

Have good people in your life
who are also in your corner.

We are all in process –
so cut yourself and everyone else
some slack.

Joy assumes God is up to good
even when things are bad.

Choose to have a great attitude.

Introduction: *Tell them what
you're going to tell them.*

Body: *Tell them.*

Conclusion: *Tell them again what
you just told them.*

Life will be unfair, but you
don't have to be unkind.

**Worry is an unspoken belief that
God won't take care of us.**

Joy is the steadfast confidence
that God is in control of all
the details of my life and
the settled assurance that
ultimately everything is
going to be alright.

Rejoice in the Lord **always.**

Philippians 4:4 NIV

Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope.

Romans 5:3-4 NIV

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all.

2 Corinthians 4:17 NIV

I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

Romans 8:18 NIV

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

Romans 8:28 NIV

Rejoice in the Lord always.

I will say it **again**: Rejoice!

Philippians 4:4 NIV

Let everyone see that you are
considerate in all you do.
Remember, the Lord is coming
soon.

Philippians 4:5 NLT

Don't worry about anything;

Philippians 4:6 NLT

instead, pray about everything.
Tell God what you need,

Philippians 4:6 NLT

Don't worry about anything;
instead, pray about everything. Tell
God what you need, and thank him
for all he has done.

Philippians 4:6 NLT

Being *grateful* is the first
step toward becoming *joyful*.

Expressing gratitude is
the first step towards having joy.

Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Philippians 4:7 NLT

Joy is commanded.
Peace is promised.

Finally, brothers and sisters,
whatever is true, whatever is noble,
whatever is right, whatever is pure,
whatever is lovely, whatever is
admirable—if anything is excellent
or praiseworthy—**think about such
things.**

Philippians 4:8 NIV

Joy is a way of thinking
that results in a way of living
that ends with a way of feeling.

Control your thinking and
you will shape your feelings.

Whatever you have learned or received or heard from me, or seen in me—**put it into practice**. And the God of peace will be with you.

Philippians 4:9 NIV

Be kind.

Don't worry.

Pray.

Be grateful.

Manage your thinking.

Have people in your life
& in your corner.

When we begin to take
responsibility for our thoughts,
we can then begin to take
responsibility for our emotions.

Don't expect to live with joy when
you don't live with purpose.

Worry is the unspoken belief that
God won't take care of us.

Worry about nothing.
Pray about everything.

If it matters to you it matters to God,
because you matter to God.

Jesus defeated death so you don't
have to be defeated by life.