

The background is a collage of textured paper in yellow, grey, and blue. A large red circle is on the right. A yellow triangle is in the top left. A dark blue rectangle is at the bottom right, with an orange rectangle above it.

# Old School

*lessons you forgot  
to remember*



Adam made love to his wife Eve,  
and she became pregnant and  
gave birth to Cain. She said, **“With  
the help of the LORD I have  
brought forth a man.”** Later she  
gave birth to his brother Abel.

Genesis 4:1-2



And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel.

Genesis 3:15

**It was by faith** that Abel brought a more acceptable offering to God than Cain did. Abel's offering gave evidence that he was a righteous man, and God showed his approval of his gifts.

Hebrews 11:4



Although Abel is long dead, he still speaks to us by his example of faith.

Hebrews 11:4

The Lord accepted Abel and his gift, but he did not accept Cain and his gift. This made Cain very angry, and he looked dejected.

Genesis 4:4-5

Why are you angry? Why is your  
face downcast?

Genesis 4:6

If you do what is right, will you not  
be accepted?

Genesis 4:7



One day Cain suggested to his brother, “Let’s go out into the fields.” And while they were in the field, Cain attacked his brother, Abel, and killed him.

Genesis 4:8

What have you done? Listen! Your brother's blood cries out to me from the ground.

Genesis 4:10



Today's sin creates  
tomorrow's consequences.

“When you work the ground, it will no longer yield its crops for you. You will be a restless wanderer on the earth.” Cain said to the Lord, “My punishment is more than I can bear.

Genesis 4:12-13



Today you are driving me from the land, and I will be hidden from your presence; I will be a restless wanderer on the earth, and whoever finds me will kill me.”

Genesis 4:14

But the Lord said to him, “Not so; anyone who kills Cain will suffer vengeance seven times over.” Then the Lord put a mark on Cain so that no one who found him would kill him.

Genesis 4:15



So Cain went out from the Lord's presence and lived in the land of Nod, east of Eden.

Genesis 4:16

Don't have a worship problem.



Don't let sin produce its fruit.

Sin always brings separation.