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#### Our words are powerful.

The tongue has the power of life and death, and those who love it will eat its fruit.

**Proverbs 18:21 NIV** 



### Everyone is someone who needs encouragement.

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Fear, Frustration, Fatigue, Failure

Because everyone around us needs encouragement, every one of us needs to be an encourager.

# Positive words are difficult to remember. Negative words are difficult to forget.

#### **WORDS OF ENCOURAGEMENT:**

- You've got this
- I believe in you
  - Hang in there
- It will be worth it
  - I'm with you
  - You're gifted

- Stay strong
- Don't give up
- You're great
- Great job, really
- God is using you
- You are special

Gracious words are a honeycomb, sweet to the soul and healing to the bones.

**Proverbs 16:24 NIV** 

The words of the reckless pierce like swords, but the tongue of the wise brings healing.

Proverbs 12:18 NIV

Joseph, a Levite from Cyprus, whom the apostles called Barnabas (which means "son of encouragement"), sold a field he owned and brought the money and put it at the apostles' feet.

Acts 4:36,37 NIV

#### **ENCOURAGEMENT PRINCIPLE:**

When it comes to encouragement, those closest should get the most(est).

When he came to Jerusalem, he tried to join the disciples, but they were all afraid of him, not believing that he really was a disciple.

Acts 9:26 NIV

But Barnabas took him and brought him to the apostles. He told them how Saul on his journey had seen the Lord and that the Lord had spoken to him, and how in Damascus he had preached fearlessly... Acts 9:27 NIV

#### **ENCOURAGEMENT PRINCIPLE:**

Don't ever be afraid to believe in people.

News of this reached the church in Jerusalem, and they sent Barnabas to Antioch.

**Acts 11:22 NIV** 

When he arrived and saw what the grace of God had done, he was glad and encouraged them all to remain true to the Lord with all their hearts.

Acts 11:23 NIV

#### **ENCOURAGEMENT PRINCIPLE:**

Celebrate what's right more than you critique what's wrong.

Some time later Paul said to Barnabas, "Let us go back and visit the believers in all the towns where we preached the word of the Lord and see how they are doing."

**Acts 15:36 NIV** 

Barnabas wanted to take John, also called Mark, with them, but Paul did not think it wise to take him, because he had deserted them in Pamphylia and had not continued with them in the work.

Acts 15:37,38 NIV

They had such a sharp disagreement that they parted company. Barnabas took Mark and sailed for Cyprus,

**Acts 15:39 NIV** 

#### **ENCOURAGEMENT PRINCIPLE:**

Don't allow people's past to affect what you believe about their future.

The best way to learn how to encourage others is to learn how to encourage yourself.