

**WHAT  
DO YOU  
SAY?**

Gratitude

**We can see one another's hearts  
by listening to one another's words.**

# WORDS OF GRATITUDE :

- *Thank you*
- *I appreciate \_\_\_\_*
- *I'm overwhelmed*
- *That meant a lot*
- *I'm thankful for you*
- *You're a blessing*
- *You inspired me*
- *You've influenced me*
- *You've helped me*
- *I will never forget...*
- *That was very kind*
- *Without you...*

I thank God every time I remember  
you.

**Philippians 1:3 NIV**

Rejoice in the Lord **always**.

**Philippians 4:4 NIV**

Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope.

**Romans 5:3-4 NIV**

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all.

**2 Corinthians 4:17 NIV**



I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

**Romans 8:18 NIV**

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

**Romans 8:28 NIV**

Rejoice in the Lord always.

I will say it **again**: Rejoice!

**Philippians 4:4 NIV**

Let your gentleness be evident to all. The Lord is near.

**Philippians 4:5 NIV**

Do not be **anxious** about anything,

**Philippians 4:6 NIV**

Do not be anxious about anything,  
but in every situation, by **prayer**  
and **petition**,

**Philippians 4:6 NIV**

Do not be anxious about anything,  
but in every situation, by **prayer**  
and **petition**, with **thanksgiving**,  
present your **requests** to God.

**Philippians 4:6 NIV**

And the **peace of God**, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

**Philippians 4:7 NIV**



## PAUL'S MESSAGE:

Have joy because God is sovereign.

Pray because God is able.

Be thankful because God is good.

Have peace because God is faithful.

Finally, brothers and sisters,  
whatever is true, whatever is noble,  
whatever is right, whatever is pure,  
whatever is lovely, whatever is  
admirable—if anything is excellent  
or praiseworthy—think about such  
things.

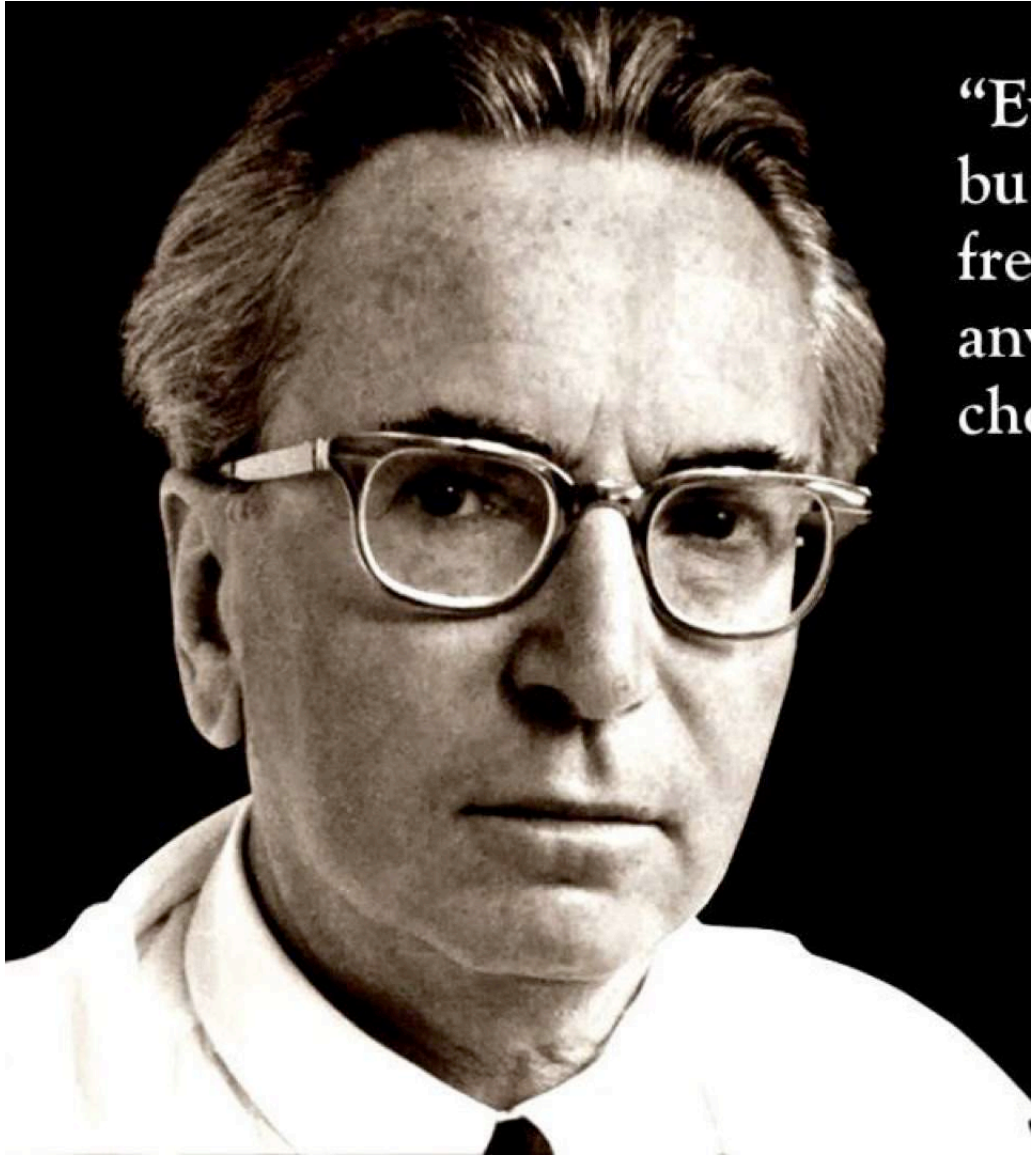
**Philippians 4:8 NIV**

Whatever you have learned or received or heard from me, or seen in me—**put it into practice**. And the God of peace will be with you.

**Philippians 4:9 NIV**

**Unexpressed gratitude  
is ingratitude.**

**Make the great choice  
to have a great attitude.**



“Everything can be taken from a man but one thing: the last of the human freedoms—to choose one’s attitude in any given set of circumstances, to choose one’s own way.”

**Viktor E. Frankl**

**Realize it's a big deal to be  
thankful for the small things.**

**Be thankful for your current  
season and how it is changing  
your future seasons.**



**Be thankful for the “this”  
that made you better and  
helped you go further faster.**

**Above all, be thankful to the  
One who is above all.**