

PRAYER TEAM GUIDE

Lord, Teach Us How to Pray

One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray, just as John taught his disciples." Luke 11:1

How to Pray for Someone

1. Prepare Yourself Before Service

- Spend time in prayer before arriving.
- Ask God to fill you with His Spirit and love.
- Be spiritually and emotionally ready to serve.

2. Approach with Warmth & Respect

- Smile, introduce yourself if they don't know you: *"Hi, my name is [Name]. How can I pray with you today?"*
- *Ask Their Name.*
- Listen without interrupting. Show compassion.

3. Ask Clarifying Questions (If Needed)

- Keep it simple: *"How can I specifically pray for you?"*
- *You can ask: Do you know why you're experiencing this condition?*
- Respect boundaries; don't pressure people to share more than they want.

4. Pray with Simplicity & Faith

- Use clear, simple language. Keep prayers focused, not long or complicated.
- Pray Scripture over them when possible (e.g., peace – Philippians 4:6–7; strength – Isaiah 40:31).
- Speak to the condition and command it to leave in Jesus name!
- Invite the Holy Spirit: *"Holy Spirit, bring Your comfort, peace, and healing."*
- May use anointing oil. Ask first, if there is a yes, a small dap on the forehead is appropriate.

5. Appropriate Touch

- Only with permission. *"Would it be okay if I put a hand on your shoulder while I pray?"*
- If not, pray without physical contact. Always respect personal space.

- Face people, when you pray, do not close your eyes.

6. Close with Encouragement

- Thank God for hearing prayer. Offer a word of encouragement or scripture.
- If needed, point them to next steps (small groups, pastoral follow-up, counseling, etc.).

What NOT to Do

- Don't give medical, financial, or relational advice.
- Don't make promises God hasn't made. (e.g., "God will heal you by tomorrow.")
- Don't dominate the time—keep it focused on the person and God.
- Don't share prayer requests outside the team.

Sample Prayer Flow

1. Greet: *"Hey, I'm glad you came up. How can I pray for you?"*
2. Listen: (Let them share briefly.)
3. Ask permission for touch if needed.
4. Pray: Thank God → Ask for His help → Speak scripture/truth → Invite peace.
Encourage: *"Thank you for letting me pray. Remember God is with you, and you're not alone." Speak to the condition and command it to leave in the name of Jesus!*

Core Scriptures for Prayer Team

- James 5:16 – "Pray for each other so that you may be healed."
- Philippians 4:6–7 – "Do not be anxious about anything, but...present your requests to God."
- Romans 8:26 – "The Spirit helps us in our weakness...intercedes for us."
- 1 Thessalonians 5:11 – "Encourage one another and build each other up."